

Our Patient Stories- Laura

An avid spinner, Laura Andersen did not want her lower back pain, which had flared on and off for years, to keep her off the bike. Regular stretching, massage, and over-the-counter medication were only providing limited relief. Now, with regular acupuncture treatments at East West, she is finally free of the constant tightness, soreness, and achiness she had been living with. Laura loves the spa-like atmosphere in the clinic, and looks forward to her weekly treatments as relaxation and healing time.